nscc
Sydney Waterfront
Campus

Rolf Bouman
Friends United Foundation
13149 Highway 104 Aulds Cove, NS
B0H 1P0

June 9, 2025

Rolf,

On behalf of the entire NSCC Sydney Waterfront Campus community, I would like to extend our deepest and most sincere thanks for your efforts in bringing Eric Schweig's *Heart-to-Heart* discussions to our campus on June 3, 2025.

Eric's presence and powerful storytelling offered a profound and moving experience that touched the hearts of faculty and staff alike. His honesty, resilience, and insight into the impacts of intergenerational trauma, identity, and healing opened meaningful dialogue and created a safe space for reflection, connection, and growth. It was more than a presentation—it was a shared moment of truth, courage, and collective healing.

We are truly grateful to Friends United and the Mental Health Foundation of Nova Scotia for making this event possible. Your commitment to promoting mental health awareness, Indigenous voices, and emotional well-being is not only appreciated—it is essential. Initiatives like this help foster understanding, empathy, and support within our campus community and beyond.

Please accept our heartfelt appreciation for your dedication and vision. We hope this is just the beginning of many future collaborations that bring important conversations and inspiring voices to our campus.

Sincerely,



Carla Arsenault
Principal, NSCC Sydney Waterfront Campus